

ABSTRACT FROM  
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### **Melatonin in cancer therapy.**

A ten-year experience suggests that Melatonin (MLT) is an indispensable, although not always a sufficient help against cancer and leukemias.

MLT has no antitumor action, but is very efficient against the qualitative and quantitative pathological cellular and plasmatic blood alteration induced either by cancer or by therapeutic means.

MLT can induce sleep, lower excitement, attenuate pain. This indirect aid against cancer seems to have no organ or cancer species specificity, and can be achieved with moderate daily doses of some mg MLT.

MLT action is effectively potentiated or even brought about by somatostatin, ACTH, alpha-MSH, prolactin secretion inhibitors. When suitably applied these endocrinological substances can enable the progressive reduction of tumor growth in good health conditions of patients without any other treatment.

This treatment is effective also in preventing metastases.